

**PLAY LIKE
A CHAMPION
TODAY**

Character Education Through Sports

Champion Coach Note

Educating and Forming Champion Coaches

Adaptability



Adaptability is a key attribute of both great coaches and student-athletes. From adapting our team's style to fit our athletes unique abilities, to making in-game adjustments, we learn early in our coaching careers that we must adapt to situations and people. Yet the most important ways we adapt make take place *off* the field. These days, adapting our communication and teaching to a new generation is critical to the success of our student-athletes and teams. [Check out the video above](#) and hear from a trio of Play Like a Champion speakers and coaches who discuss the importance of adaptability in working with today's kids.

Coaching Generation Z

Generation Z is the generation that refers to the youth we are coaching and teaching today. Commonly defined as those born between 1995 & 2012, the youth of this generation are the first to have been born into a world with widespread internet access, smartphones, and social media. And while technology certainly informs who they are and how they communicate, they've also been formed by the generations before them. Understanding their mindset and value structure is key to effectively coaching them.



Play Like a Champion has teamed with WeRGenZ to provide information and resources that can help coaches understand how best to reach this generation. [Click here to visit our GenZ webpage](#) and learn more!

Prayers for Coaches



God,
Grant me the insight
to see the potential in every player;
Patience to encourage improvement;
And character to always set a winning example.
May those I coach always see
You in my life and be brought
closer to you through me.

Amen.

Play Like a Champion Today Educational Series
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